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(71)(72) Applicant and Inventor: OLIVER, Stuart, McCornack [US/US]; 1320 Hibiscus Street, Oxnard, CA 93030 (US).

(74) Agents: WATT, Phillip, H. et al.; Fitch, Even, Tabin, Flannery & Welsh, Room 900, 135 South La Salle Street, Chicago, IL 60603 (US).

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(54) Title: FLAVORING SYSTEM FOR SODIUM REDUCED FOODS

(57) Abstract

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Flavoring systems for low sodium and sodium reduced foods comprising a flavor enhancing and binding element such as safflower florets or an extract thereof or its taste equivalent in combination with non-sodium inorganic salts, one of which is a chloride and one or more organic acids, and/or salts thereof.

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FLAVORING SYSTEM FOR SODIUM REDUCED FOODS

It is well known that a large portion of the population suffers from a sodium intolerance perhaps as high as 20% of the population is so afflicted.

5 Excessive sodium intake as salt or in other forms by these individuals can precipitate or aggravate hypertension, cardiac conditions, and renal conditions in these people.

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Salt hunger definitely occurs in people who 10 have been accustomed to a standard diet in the United States and who are required to shift to a low sodium diet for medical reasons. Most low sodium flavoring systems used up to this time either impart a disagreeable aftertaste to the food or are too bland to suit the taste of a person accustomed to the usual diet.

There are also medical contraindications for the use of large amounts of substances such as potassium chloride and ammonium chloride by many individuals. There are a variety of flavors which will reduce the 20 blandness of a food. These include the salt flavor, sourness, and the hot and pepperlike seasonings. There is seemingly only one substance which produces the exact onset of the "salt" flavor preferred by humans. This is sodium chloride.

The most closely similar compounds to this which are sufficiently non-toxic for use as a seasoning have undesirable side and after flavor notes. It has been found that very small quantities of alternative inorganic salts such as potassium chloride, ammonium 30 chloride, etc. can be compounded with organic salts, organic acids, and certain complex organic flavor binding and enhancing agents to provide a flavoring system which will simulate the flavor notes of sodium chloride in food sufficiently well to permit creation of 35 dishes which have an extremely low quantity of sodium in them, and yet, which will not appear flat and

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flavorless even to a salt accustomed palate. Some tested formulations indicate that the flavoring systems may even be built in some cases as enhancing systems for naturally occurring sodium chloride to synergistically provide a full and saltlike flavor.

This invention relates in general to the art of food seasoning compositions and more particularly to producing a gustatory sensation approximating that of sodium chloride (salt) without the use of sodium chloride.

Prior art teaches the use of potassium chloride and certain ammonium salts to simulate the taste of sodium chloride. It also teaches the use of potassium chloride (KCl) in the presence of such salts as the mono-potassium salt of glutamic acid. Other prior art teaches the use of substances which deaden the ability of the taste buds to sense a bitter taste. Still further prior art teaches the use of yeast hydrolysates to give body to salt substitutes. Miller (U.S. Patent 3,505,082) teaches the use of an organic acid (fumaric acid) to reduce aftertaste.

The present invention teaches the use of an inorganic chloride such as but not limited to potassium chloride in conjunction with another non-sodium

25 inorganic salt such as but not limited to aluminum ammonium sulfate (ammonium alum) and one or more organic acids such as but not limited to acetic acid, citric acid, ascorbic acid, and/or salts thereof, the above all in the presence of a flavor binding and/or enhancing substance such as but not limited to safflower florets or an extract of safflower florets, or one or more components thereof (not yet specifically identified).

One alternative binding or enhancing agent already identified is an extract of tamarind fruit.

This is especially useful in dishes based on chicken or other fowl.

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The present invention differs from prior art in that levels of inorganic chlorides can be much reduced from those required with the prior art systems. The elements which appear to be required for the flavoring system to develop a full and saltlike flavor note are:

- A flavor enhancing and binding element such as safflower (the florets or an extract thereof) or its taste equivalent.
- 2. A chloride salt in trace quantities.
- 3. An inorganic acid and/or salt thereof.

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4. Trace quantities of other inorganic ions to modify the flavor notes may be used to fully develop the flavor system.

There is a surprising and unexpected aspect to
this discovery in that satisfactory salt-like flavors
are developed with much lower levels of chloride and
metallic salt levels than are customarily used.
Unpleasant flavor notes are reduced to an even lower
level that with the art taught by Miller in U.S. Patent

20 3,505,082, and the required levels of potassium and other sometimes undesirable ions required to develop the full flavor system are reduced below the levels taught by either Miller or Allen in U.S. Patent 4,216,244.

A preferred embodiment of the present flavoring system is based on a composition as follows for the key ingredients:

1. Safflower (the florets - as
milled spice, extract, or dried
extract)

•	mi]	lled spice, extract, or	
		tract)	30%
			23%
30	2. As	corbic acid	18%
	3. Ci	tric acid	
	4. Po	tassium chloride	22%
		monium alum	6%
	5. Am	monium arum	

The exact proportions are not critical and can

35 be varied widely depending upon the desired effect, from
sensible percentages to trace percentages. By trace

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percentages is meant any substance present in lesser quantities than major constituents - such as materials present in ratios of 1:10 or even 1:5 of the amounts of one of the major constituents. The preferred embodiment shown is one which has been used successfully in a wide variety of recipes. The primary teaching of this invention is, however, carried in the four key points which end the section on background.

The full and salt-like flavor is developed by a combination of these elements which synergetically synthesizes a gustatory effect which alleviates salt hunger. The blending and enhancing agents which may be used to fulfill the requirements of point No. 1 include, but are not limited to Safflower (Mexican Saffron or the floret of the plant Carthimus Tinctorus) and an extract of tamarind fruit. Certain other complex organic systems appear to have similar effects.

There are several ways of manufacturing the flavor system. The simplest would be to mill together safflower florets with suitable amounts of ascorbic acid, citric acid, ammonium alum, and KCl in powder or crystalline forms. In more sophisticated manufacturing systems, the ingredients (including safflower extract) can be plated up on either a self or a filler substrate from solution. For example, safflower, KCl, ascorbic acid, and ammonium alum can be plated onto citric acid crystal. All of the ingredients can be plated onto a cereal substrate. Such plating processes can be done in liquid solution, in gas or air, or in vacuum.

30 Example 1

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Flavor system for cucumber pickles and the like:

vinegar (200 grain)

potassium chloride

dill seed

garlic powder

bay leaf

0.5 cup

57.27 grains

56.15 grains

4 grains

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	corriander	55.6 grains
		23.26 grains
	oregano	10.96 grains
	marjoram	1.02 ml
	safflower tincture	28.88 grains
5	carroway	43.31 grains
	ammonium alum	1.5 cups
	water (distilled)	0.05 ml
	dill oil	0.03 ml
	garlic oil	3 drops
10	mustard oil	10.7 grains
	crushed pepper	10 grains
	mixed spice	10 9141

Comments: The above are simmered together,
covered, until the flavoring matter is well distributed
into the liquid. This is sufficient flavoring matter
for 2 pounds of cucumber fruit. The entire mass may be
added to the fruit as a pickling brine, or the spices
may be strained out to leave a clear flavor brine. The
best pickle pack includes sliced onion with the cucumber
fruit.

EXAMPLE II

Specific examples of uses of the proprietary compositions include:

Salsa

	Salsa	
25	2 pounds diced tomatillo	
	3 toes garlic, diced	
	3 tomatoes, diced	
	2 passalla chiles, chopped	
	2 jalapino chiles, chopped	
30	1 teaspoon corn starch #	*
	1 teaspoon Mexican saffron (safflower floret)	
	1/8 teaspoon citric acid *	
	1/8 teaspoon ascorbic acid *	

1/8 teaspoon potassium chloride salt

35 substitute *

1 teaspoon chile powder

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3 tablespoons vinegar

1 teaspoon Worchestershire sauce

Comments: Here we have a recipe containing about 3 to 4 pounds of ingredients (roughly 1300 to 2000 grams weight, depending on exact ratios used), with about 12.5 grains or 0.162 grams of safflower (0.01%) and about 0.5 grams of KCl, which is about 0.03%.

Items marked * are components of the proprietary flavor system.

10 Item marked # is suitable for use as an extender or substrate.

Chicken/Broccoli Aspic

1 pound broccoli, chopped

1 large onion, chopped

15 l toe garlic, chopped

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cook in 1 cup water and 1/4 cup vinegar *
1/2 teaspoon Mexican saffron *

Boil for 7 minutes, reserve liquid. Add strong chicken stock and water to make 1 1/2 pints, add two envelopes of unflavored gelatin and bring to near boil. Mix vegetables with liquid, blend in 1 cup yogurt in blender. Set in refrigerator in molds.

Comments: This is an instance of using trace amounts of naturally occurring chloride in the form of salt in the chicken to provide sufficient chloride to carry the note. There is also calcium in the yogurt, and there are other organic acid agents in the yogurt. With this, we have a "no-sodium added" recipe which does not require added inorganic ions to generate the flavor.

EXAMPLE III

Zucchini Chutney

l pound zucchini

3 tablespoons wine vinegar

1/2 cup white vinegar

1/4 teaspoon ammonium alum

3 tablespoons raisins



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1 cup seedless grapes 1/2 teaspoon dry mustard 1/2 teaspoon Sugar Twin (TM) 1/2 onion (cut fine) 1/4 teaspoon potassium chloride 5 1/4 teaspoon garlic powder 2 (small) Italian tomatoes 1 (medium) red bell pepper 1/2 teaspoon chile powder 1/4 teaspoon paprika 10 1/2 teaspoon tumeric 6 dashes Angostura Bitters (TM) 3 teaspoons sugar Simmer covered for 20 minutes, jar, cool, and refrigerate. 15

Comments: This recipe in some way develops the enhancing and binding element to a point where it tastes nearly as salty as some salted mango chutneys.



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CLAIMS:

- 1. A sodium-free or low sodium composition for providing the saline gustatory sensation to foods, said composition comprising:
 - (la) a flavor enhancing and binding component,
- (1b) a chloride salt component in quantity less than 90% by weight of the composition;
 - (lc) an organic salt component.
- The composition in Claim 1 wherein said gustatory sensation is not dependent on the condition in
 which a metallic or chloride salt is the predominant material in the composition.
 - 3. The composition in Claim 1 wherein said enhancing and binding element includes:
- (3a) safflower floret or an extract thereof;
 15 and wherein said chloride salt includes:
 - (3b) potassium chloride; and wherein said organic salt includes:
 - (3c) an acid of said organic salt.
 - 4. The composition of Claim 1 wherein said 0 components (la), (lb), and (lc) occur such that one component comprises the major percentage by weight of the composition.
- 5. The composition of Claim 4 wherein the weight ratio between any two components is established 25 in the range of from 1:1 to 1:0.01 between said two components.
 - 6. A flavoring composition, for addition to foods, said composition comprising:
- (6a) a flavor enhancing and binding substance
 30 such as safflower floret or an extractive thereof;
 - (6b) a chloride salt;

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- (6c) an organic acid and/or salt thereof;
- (6d) sensible or trace quantities of inorganic ions of the classes designated as alums and/or acid

35 formers.

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- 7. The composition of Claim 6 which includes additional components, said additional components including any one component or combinations of components which include but are not limited to:
 - (7a) edible oils;
 - (7b) spices;
 - (7c) extracts.
- 8. A dry seasoning reduced sodium salt-substitute composition comprising:
 - (8a) a flavor enhancing and binding substance;
 - (8b) at least one chloride salt;
- (8c) at least one organic acid and/or salt thereof.
- 9. The composition of Claim 8 wherein said 15 enhancing and binding substance includes:
 - (9a) safflower floret or extractives thereof.
 - 10. The composition of Claim 8 wherein said enhancing and binding substance includes:
 - (10a) synthetic flavor equivalents of safflower.
 - 11. The composition of Claim 8 which includes:
 - (11a) flavor-modifying inorganic ions.
 - 12. The composition of Claim 8 wherein said enhancing and binding substance includes:
- (12a) the juice or extractives of the tamarind 25 fruit.
 - 13. The composition of Claim 12 which includes:
 - (13a) inorganic flavor enhancing ions.
 - 14. The composition of Claim 8 which includes:
 - (14a) extra flavoring elements.
- 15. The composition of Claim 14 wherein said extra flavoring elements include any one of, or a combination of the following: garlic, onion, spices, and herbs.
 - 16. The composition of Claim 15 which includes:
- 35 (16a) inert extenders.
 - 17. The composition of Claim 8 wherein said

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composition is produced in liquid condition.

- 18. A low-sodium flavoring composition for chutneys, relishes, pickles, and the like, said composition including:
 - (18a) a flavor enhancing and binding agent;
 - (18b) an organic acid agent:
 - (18c) a chloride agent.

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19. The composition of Claim 18 wherein said enhancing and binding agent includes one or a plurality 10 of the following substances:

	zucchini	raisins	seedless grapes
	dry mustard	onion	garlic
	tomato	bell pepper	chili powder
	paprika	tumeric	angostura bitters
15	bitters	saccharin	dextrose
	sucrose	fructose	

- 20. The composition of Claim 18 wherein said organic acid agent includes one or a plurality of the following substances: acetic acid; vegetable acids; fruit acids.
- 21. The composition of Claim 18 wherein said chloride agent includes: mixed chlorides.
- 22. The composition of Claim 18 which includes: flavor modifiers such as ammonium alum and/or related inorganic salts.
 - 23. A low-sodium flavor base for pickles, said flavor base comprising:
 - (23a) a flavor enhancing and binding agent;
 - (23b) a chloride agent;
- 30 (23c) an organic acid.
 - 24. The flavor base of Claim 23 wherein said enhancing and binding agent includes:
 - (24a) safflower floret or an extractive thereof.
 - 25. The flavor base of Claim 23 wherein said
- 35 chloride agent includes any one or a plurality of:
 - (25a) potassium chloride;



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- (25b) calcium chloride;
- (25c) mixed chlorides.
- 26. The flavor base of Claim 23 wherein said organic acid is combined or mixed with seasoning from the group which may include:

whole spice extractives oleoresins synthetics oils.

27. The flavor base of Claim 23 wherein said organic acid is mixed or combined with seasoning from the group which may include:

10 dill carroway garlic
alum bay pepper
corriander mustard marjoram
onion mixed spices

- 28. A low-sodium fruit or vegetable
- composition utilizing the flavor base of Claim 23 as a pickling medium to enable the production of:
 - (28a) cooked pickles and relishes;
 - (28b) pasturized pickles and relishes;
 - (28c) refrigerated pickles and relishes;
- 20 (28d) radiation sterilized pickles and relishes.
 - 29. A low-sodium fish or meat composition utilizing the flavor base of Claim 23 as a pickling medium to enable the production of:
- 25 (29a) a cooked composition;
 - (29b) a pasturized composition;
 - (29c) a refrigerated composition;
 - (29d) a radiation sterilized composition.



INTERNATIONAL SEARCH REPORT International Application No. PCT/US82/00931

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1. CLASSIFICATION OF SUBJECT MATTER (H several classification symbols apply, indicate all) 5					
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Category *	Citati	ion of Document, 16 with Indication, where appr	ropriate, of the relevant passages 17	Relevant to Claim No. 18	
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Date of the Actual Completion of the International Search 2 Date of Mailing of this International Search Report 2 20 SEPTEMBER 1992					
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v.	EDVATIONS WUFDE STORM	
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1. Clain	ational search report has not been established in respect of certain claims under Article 17(2) (a) for numbersbecause they relate to subject matter 13 not required to be searched by this Auti	the following reasons:
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